

Senior Recreation Programs

Sage Café Activities:

Knitting (this is not a class)	Thu	10:15 am – 12:15 pm	No charge	Meeting Room 115.
Enhance Fitness	Tue, Wed, Fri	9:45 am – 10:45 am	No charge	Sage Café, dining area.
Coffee & Conversation	Tue-Fri	9:00 am – 10:00 am	50¢ coffee 50¢ pastry	Join Daniel & Anne for a lively discussion! You may now purchase pastries and coffee!
Beginning Chess Class	Fri	12:00 pm – 1:45 pm	No charge	Sage Café, dining area.
Intermediate Chess	Fri	11:00 am – 12:00 pm	No charge	Sage Café, dining area.
Train Dominoes	Tue	10:30 am – 1:45 pm	No charge	Meeting Room 115.
Hands N' Feet	Tue	10:30 am – 1:45 pm	No charge	Meeting Room 115.
Jam Session	Fri	10:15 am – 1:00 pm	No Charge	Do you sing and/or play an instrument? Come join in on the music-making. And feel free to just come and listen!

Eastside Community Center Activities:

Crocheting (this is not a class)	Tue & Thu	8:30 am – 11:30 am	No Charge	Eastside Center classroom; items donated locally.
Wood Carving (this is not a class)	Wed & Fri	8:00 am – 12:00 pm	No Charge	Eastside Center classroom. Join anytime.
Billiards – Daily	Mon – Fri	8:00 am – 2:00 pm	No Charge	Eastside Center.
Billiards – Wednesday	Wed	8:00 am – 2:00 pm	No Charge	Ladies day at Eastside Center!

Henry Benavidez Community Center Activities:

Bingo – Weekly	Wed	12:45 pm – 1:45 pm	No charge	Benavidez Community Center, Dining Room.
Grandparents Raising Grandchildren – Monthly	2 nd Tue	10:30 am – 11:30 am	No charge	Benavidez Community Center, Classroom.

Munson Center Activities:

Classes with registration for 6-week sessions: Registration will be **JULY 17-21** at the Munson front desk.

Lapidary Certification Class	Mon	12:00 pm – 3:30 pm	\$12 per 6-week session	Munson Center, Studio 1. Limit of 6 students.
Silver Jewelry Class	Fri	9:00 am – 12:00 pm	\$12 per 6-week session	Munson Center, Studio 1. Limit of 5 students. \$50 supply kit required.
Stained Glass #3 (Beginner Only)	Wed.	1:00 pm – 4:00 pm	\$6 per 6-week session	Munson Center, Studio 1. Drop-in limited to returning students, if the limit of new students is below 6 with a maximum of 12 students. There will not be drop-in if there are 6 new students. \$5 new student kit.
Faceting	Fri	9:00 am – 12:00 pm	\$12 per 6-week session	Munson Center, Studio 4. \$16.50 supply kit required.

Drop-in classes:

Stained Glass #1	Mon	8:30 am – 11:30 am	\$1 per session	Munson Center, Studio 1. Class limited to 12 students.
Stained Glass #2	Wed	8:30 am – 11:30 am	\$1 per session	Munson Center, Studio 1. Class limited to 12 students.
Stained Glass #3	Wed	1:00 pm – 4:00 pm	\$1 per session	Munson Center, Studio 1. Drop-in limited to returning students, if the limit of new students is below 6 with a maximum of 12 students. There will not be drop-in if there are 6 new students.
Stained Glass #4	Fri	1:00 pm – 4:00 pm	\$1 per session	Munson, Studio 1. Class limited to 12 students.
Clay Works – Open Studio	Tue	8:00 am – 11:00 am	\$1 per session	Munson Center, Studio 3. Class limited to 12 participants.
Clay Works – Open Studio	Thu	8:00 am – 11:00 am	\$1 per session	Munson Center, Studio 3. Class limited to 12 participants.
Clay Works – Open Studio	Tue	12:00 pm – 4:00 pm	\$1 per session	Munson Center, Studio 3. Class limited to 12 participants.
Clay Works – Open Studio	Thu	12:00 pm – 4:00 pm	\$1 per session	Munson Center, Studio 3. Class limited to 12 participants.
Clay Works – Open Studio	Fri	8:00 am – 4:00 pm	\$1 per session	Munson Center, Studio 3. Class limited to 12 participants.
Wheel Works	Mon & Wed	12:00 pm – 2:00 pm	\$1 per session	New workshops begging soon!
Supplies and Materials				Ceramic Glaze \$2 per cup. Kiln firing \$2, \$3, \$4 depending on size. Clay \$13 for 25-pound bag.
Lapidary and Silver Jewelry Open Lab	Tue & Thu	8:00 am – 4:00 pm	\$3 per day	Munson Center, Studio 1. Certification required to participate in open lab. Pay \$3 per day at the front desk.
Mosaic/Gourds – Open Studio	Fri	1:00 pm – 4:00 pm	\$1 per session	Munson Center, Studio 4. Class limited to 10 participants.
Mosaics – Open Studio	Tue	1:00 pm – 4:00 pm	\$1 per session	Munson Center, Studio 4. Class limited to 10 participants.
Painting – Open Studio	Mon	8:30 am – 11:30 am	\$1 per session	Munson Center, Studio 2. Class limited to 10 participants.
Painting – Open Studio	Fri	8:30 am – 11:30 am	\$1 per session	Munson Center, Studio 2. Class limited to 10 participants.

Other activities offered at Munson Center:				
Fitness Classes:				
Enhanced Fitness	Mon, Wed, Fri	8:00 am – 9:00 am	No charge	Munson Center Auditorium.
Line Dancing – Beginners	Mon	2:00 pm – 3:00 pm	No charge	Munson Center Auditorium.
Line Dancing – Intermediate	Fri	2:00 pm – 3:00 pm	No charge	Munson Center Auditorium.
Zumba Gold	Mon & Tue	5:30 pm – 6:30 pm	\$1 for 60+ \$2 for under 60	Munson Center Auditorium.
Lifelong Learning:				
Quilting (this is not a class)	Tue & Thu	8:30 am – 11:30 am	No charge	Munson Center, Studio 2; items donated locally.
Crochet Club (this is not a class)	Wed	1:00 pm – 4:00 pm	No charge	Munson Center, Meeting Room 4. Join anytime!
Community Garden Meeting for the Munson Center Garden	3 rd Wed	10:00 am – 11:00 am	No charge	Munson Center, Meeting Room 1.
Spanish – Conversational	Tue	1:30 pm – 3:00 pm	No charge	Munson Center, Meeting Room 4. Join anytime! This is an informal Spanish conversation group. Some knowledge of Spanish is needed and a willingness to share and learn. Participants speak Spanish during the class.
Spanish – Intermediate	Mon	1:30 pm – 3:30 pm	No charge	Munson Center, Meeting Room 4. If you are interested in the class, please see the instructor to find out what they are covering and how you can catch up and be able to keep up with the class!
Spanish – Spoken for Beginners	Fri	10:00 am – 11:00 am	No charge	Munson Center, Meeting Room 2. Join anytime!
Desert Writers	Wed	9:00 am – 11:00 am	No charge	Munson Center, Meeting Room 2. Join anytime!
Munson Book Club	3 rd Wed	10:00 am – 11:00 am	No charge	Munson Center, Meeting Room 4. Call Mark at 575-528-3406 for more information.
Games:				
Billiards – Daily	Mon-Fri	8:00 am – 5:00 pm	No charge	Munson Center Multipurpose Room.
Billiards Tournament	Last Wed	9:00 am – 1:00 pm	\$3 per person	Munson Center Multipurpose Room. The last Wednesday of the month. All are welcome to participate!
Bridge	Mon & Wed	11:30 am – 3:30 pm	No charge	Munson Center, Meeting Room 3.
Canasta	Wed	11:00 am – 3:00 pm	No charge	Munson Center, Meeting Room 3.
Chess	Fri	8:30 am – 12:00 pm	No charge	Munson Center, Meeting Room 4.
Horseshoes	Tue & Fri	9:00 am – 12:00 pm	No charge	Munson Center, outside on east side of Munson.
Mah Jongg	Thu	9:00 am – 12:00 pm	No charge	Munson Center, Meeting Room 3.
Pinochle	Fri	11:30 am – 4:30 pm	No charge	Munson Center, Meeting Room 3.
Extra Activities:				
Essential Oils Education	May 25	2:00 pm – 3:30 pm	No charge	This is an education class that will discuss many different topics about essential oils.
Low Vision Support Group	1 st Tue	2:30 pm – 4:00 pm	No charge	Munson Center, Meeting Room 2.
Low Vision Support Group	1 st Tue	9:30 am – 11:00 am	No charge	Good Samaritan, Oasis Room.
Stroke Support Group	1 st Thu	1:00 pm – 2:00 pm	No charge	Munson Center, Meeting Room 2.
Senior Programs Advisory Board Meeting	2 nd Thu	9:00 am – 11:00 am	Open to the public	Join us for the SPAB meeting on June 8 at Munson Senior Center. 975 S. Mesquite St. 575.528.3000
Senior Programs Monthly Dance				There will be NO dance in June. See you for our July Dance!

For any questions about activities, please contact Jeneca Maya Montoya at 575-528-3017 or Michael Garcia at 575-541-2005.

Activities and programs at our centers are open to all who are age 50 plus. (Age 60+ for the nutrition program.) There are no income or residency requirements to participate in senior programs.