

City of Las Cruces Senior Centers

Munson Senior Center
975 S. Mesquite St.
528-3000

Eastside Community Center
310 N. Tornillo
541-2304 or 541-2305

Mesilla Park Community Center
304 W. Bell St.
Mesilla Park, NM
541-2451

Benavidez Community Center
1045 McClure Road
528-3000

Mesilla Park and Benavidez Centers participate in the City of Las Cruces Youth Summer Food Program from June through July. Hours for senior lunch at these centers are from 11am to 12:15pm during this time. Normal lunch hours resume in August.



MISSION STATEMENT

**'TO PROVIDE RESPONSIVE,
COST EFFECTIVE, AND HIGH
QUALITY SERVICE TO THE
CITIZENS OF LAS CRUCES'**



Munson Senior Center
975 S. Mesquite St.
Las Cruces, NM 88001
505-528-3000

This project is funded in part under
an agreement with the NCNMEDD
Area Agency on Aging



City of Las Cruces
PEOPLE HELPING PEOPLE

Senior Nutrition Program



CONGREGATE

MEALS

The City of Las Cruces provides nutritious midday meals to Senior Citizens (60 years of age or older), at any of the four senior centers. Breakfast is served at one of the centers. These meals meet Federal and State Guidelines, and are reviewed to insure that they provide at least one third of the daily nutrients and calories as defined by the United States Department of Agriculture. We try to keep them low in sodium, fat, and sugar.

There is no charge for meals (age 60 and over), but there is a suggested donation of \$2.00 per meal to help defray the cost of the food and preparation. Seniors should register with the program, but there are no income or residency requirements for this program.

Meals are served Monday through Friday from 11:00am to 12:30pm at Munson, Eastside, Mesilla Park, and Benavidez Centers. The monthly menus are available at each center or are also in the Senior Messenger. Reservations are requested, by 1:00pm the day before you want to eat by calling 528-3012 or 1-800-397-3544, or by stopping in at the Munson Center office.

A cold breakfast is served Monday through Friday at Munson Center from 8:00am to 9:00am. Walk-ins are welcome, or you can call 528-3012 or 1-800-397-3544 to reserve a breakfast meal. The suggested donation for breakfast is fifty cents.

MEALS ON

WHEELS

The City also provides meals to homebound Senior Citizens (60 years of age or older), within the city limits. Generally, the senior should be unable to prepare meals for themselves, unable to routinely shop for food for themselves, and not have someone living with them who can prepare a hot meal for them during the day. The meals served to homebound seniors are the same meals prepared at the four Senior Centers. Depending on their circumstances, seniors may qualify for a hot noon meal delivered Monday through Friday, plus a cold breakfast for the next day. Weekend frozen meals are also available for those that qualify. For more information on Meals on Wheels, please call 541-2451.